PDCR
DISCIPLINA POSITIVA

Navigating Disasters
As a Strong Family Unit



SCAN QR CODE

FREE FOLLOW UP PARENT COACHING

NOV. 17 **Tuesday 5-6pm** via Zoom

Strengthen how your family responds to unplanned stressors. We will take brief time for signing up for systems of alert.

DEC. 1 **Tuesday 5-6pm** via Zoom

Share and gain insights into talking to our kids about what to do in case of an emergency. Hear what other parents are thinking/feeling/preparing for going into this winter.

SCAN QR CODE, SIGN UP/ FOR ZOOM LINK | CALL 831-288-0088