



# Positive Discipline Community Resources

*Transforming Lives Through Respectful Relationships!*

[www.pdcrc.org](http://www.pdcrc.org)



## POSITIVE DISCIPLINE!

- Beyond a **Parenting Method**
- **Whole Approach** to Human Development
- Discipline = teaching by **modeling respect**
- **Connection before correction!**

## FREE SUPPORT & LEARNING GROUPS

OPEN FOR ALL ACROSS SANTA CRUZ & MONTEREY COUNTIES

### POSITIVE DISCIPLINE PLAYGROUPS 0-4

Wednesdays  
9:30am - 11:30am  
Sept 6, 13, 20, 27

Three language groups  
IN-PERSON to sing, dance  
and gain support

RC FAM  
1205 Freedom  
Blvd #3B  
Watsonville



### NAVIGATING SCHOOL YEARS

Saturdays 10am - 11:30am  
Sept 23, 30  
Oct 7, 14, 21, 28

IN-PERSON or ZOOM

740 FRONT ST. #155  
Santa Cruz

### HEART2HEART COACHING

30 min. via phone/zoom

Sign up anytime to receive two  
free 30min coaching sessions.

For families navigating specific  
challenges. Available before,  
during or after your participation  
in our programs.

REGISTER: send your name, city, and child(ren)'s age

Text: 831-292-4088

Email: [rocio@pdcrc.org](mailto:rocio@pdcrc.org)



**SANTA CRUZ**  
COUNTY OFFICE OF  
**EDUCATION**  
DR. FARIS SARRAH - SUPERINTENDENT OF SCHOOLS