

TEACHING PARENTING THE POSITIVE DISCIPLINE WAY

Friday AND Saturday, May 20th AND 21st, 9am-5pm
Pajaro Valley Community Health Trust – Conference Room
85 Nielson Street, Watsonville, CA 95076



This 2-day Positive Discipline Training and Certification is designed for:
Parents, Family Service Providers, Social Workers, Medical Professionals, & Therapists
13 Hours of CE (Continuing Education) Offered for Professional Development

Teaching Parenting the Positive Discipline Way (developed by Lynn Lott and Jane Nelsen) is a research-based parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups. This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change. Research has demonstrated the importance of social and emotional learning, even above academics.

Participants in this workshop will:

1. Learn research based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
2. Learn how to facilitate a parent class from the position of a non-expert.
3. Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
4. Learn how to use materials and activities in group settings, parenting classes and individual work with families.

Facilitated by: Gisselle Padilla Johnson, Certified Positive Discipline Trainer

\$425 (includes book, manual, PDA certification, and 13 Continuing Education credit hours). Scholarships available.
TO REGISTER: Stephanie Barron Lu (call/text) 831-854-7527 or email stephanie@pdcrc.org



COMMUNITY HEALTH TRUST
of Pajaro Valley

Transforming Lives through Respectful Relationships
pdcrc.org | P.O. Box 5365 Santa Cruz, CA 95063 | 831-476-7284 x 107
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About the Facilitator

Gisselle Padilla Johnson is a seasoned bi-lingual facilitator for social service agencies, general community settings with parents, correctional facilities for youth as well as adults, and an experienced teacher trainer in school settings in districts throughout many counties. Gisselle is also a licensed marriage and family therapist, raising three beautiful bi-racial young boys in the diverse California Central Coast.

Discounts

PDCR is proud to offer group rates and equity discounts to ensure accessibility. Specific scholarships are available for educators and service providers who live/work in Monterey County. Also, anyone who wishes to take this training as a refresher is allowed to sign up for only \$200 (does not include materials).

Special Needs/Accommodations

If you have any special accommodation needs, please feel free to contact our facilitator directly **Gisselle Padilla Jonson** at **gisselle.johnson@yahoo.com** in advance.

Cancellation by Participants/Refund Policy

Workshop Registrations: A full refund (minus a \$50 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop. In the event of cancellation, participants will be notified by email.

13 Hours of CE (Continuing Education) Credit are Approved

The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723. This program also is co-sponsored by the North American Society of Adlerian Psychology (NASAP).

