PDCR
DISCIPLINA POSITIVA

Parenting-based support group for parents who lose their 💩 !!



SCAN QR CODE

COME TO ONE OR ALL SESSIONS, EXCLUDING HOLIDAYS

NOV. 19-JAN.7 **Thursday 8:30-9:30pm**

Come for the learning, stay for the community: Share parenting wins and not so hot moments in our weekly zoom group + ongoing chat (without the blame, shame or guilt).

We do better when we feel better. Sh*t happens, and we got you!

***This is a parenting based support group led by an experienced Positive Discipline Parent Educator, not therapy.**

PDCR will have Positive Discipline evidence based practices rooted in connection before correction. This group is for you if you self-identify as an explosive parent / parent who is quick to anger; and are searching for support to experience less yelling, threatening, permissiveness, bribing and coaxing in your everyday routine in parenting your children.

SCAN QR CODE, SIGN UP/ FOR ZOOM LINK | CALL OR TEXT 831-854-7527