



# Navigating the Early 0-5 Years



FREE IN-PERSON CLASSES FOR PARENTS IN SPANISH WITH SARAH AND ANGELICA

📍 AT PVPSA  
411 E LAKE AVE, WATSONVILLE



**THURSDAYS  
6-8PM:**

JULY  
23 & 30

AUGUST 6, 13,  
20 & 27

I loved this class; I discovered how to stay calm and patient while being the leader in our home... fewer battles and no yelling—it really is possible!



- DELICIOUS DINNER
- GAMES, ACTIVITIES, AND CLASSES FOR CHILDREN TOO!
- ENGLISH CLASS AVAILABLE INQUIRE FOR FALL DATES

**TO REGISTER,  
SEND TEXT WITH  
CODE WORD  
"PVPSA 0-5" TO  
831-292-4088**